



Phone (250) 692-7733
 E-Mail – LDSSNews@sd91.bc.ca
Helping you to grow to be your best!

LDSS News

Principal – M. Skinner
 Vice-Principal – L. Clarke

Counsellor – T. Brown
 Counsellor – K. Dezamits

Thursday, January 7th, 2010

LDSS STUDENTS ATTEND PROJECT HEALTH

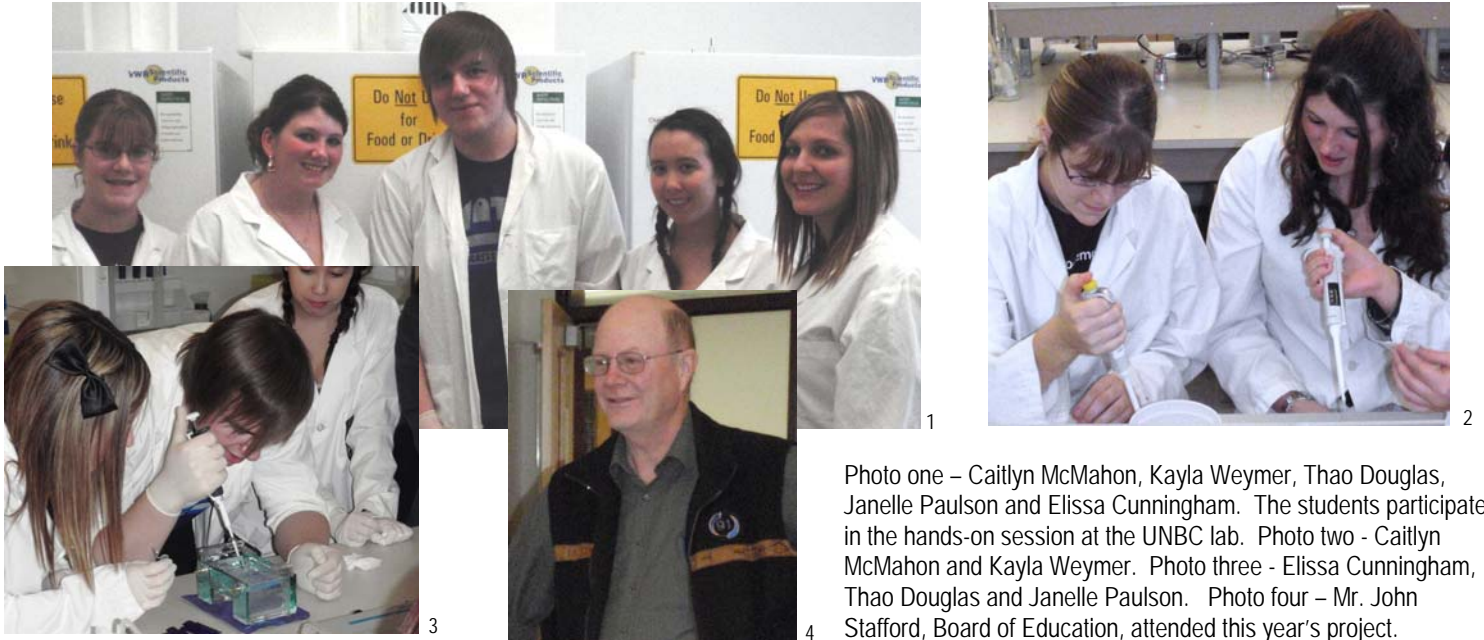


Photo one – Caitlyn McMahon, Kayla Weymer, Thao Douglas, Janelle Paulson and Elissa Cunningham. The students participated in the hands-on session at the UNBC lab. Photo two - Caitlyn McMahon and Kayla Weymer. Photo three - Elissa Cunningham, Thao Douglas and Janelle Paulson. Photo four – Mr. John Stafford, Board of Education, attended this year's project.

On Thursday, December 17th and Friday, December 18th, Caitlyn McMahon, Elissa Cunningham, Thao Douglas, Janelle Paulson and Kayla Weymer attended the sixth annual Project Health in Vanderhoof and Prince George.

The first day of the project, students attended a presentation on Careers in Medicine and toured St. John's Hospital with Dr. Mike Makin followed by a BCAS presentation before boarding the bus to Prince George. Students were welcomed to the UNBC campus by Student Recruitment and Advising Manager, Claudette Gouger. There was a Round Table discussion about Academics at UNBC with Student Advisor for Health Sciences and Sciences, Rhea Bowen, followed by a NMP discussion with Advisor, Jen Young and representatives from the UNBC Pre-med Club and a tour of UNBC with a Student Ambassador. After dinner, students participated in a scavenger hunt at the campus. On the second day, students returned to UNBC to work with Dr. Daniel Erasmus in the lab before returning home.

Thank you to Mrs. Dubé for chaperoning us on this project. Also thank you to Mrs. Fountain for driving us to the project.

GOVERNOR GENERAL AWARD RECIPIENT



Late passes will be available in the library until noon on Wednesday, January 13th. Students must be in attendance all day on Friday. Storefront students need to attend two out of the four days during the week of the dance.

New drug/alcohol detection devices will be used at this dance. Student meetings will occur the week prior to this dance to discuss these new initiatives. If you have questions, please contact the school. Moshing at the dance is unacceptable and students participating will be asked to leave. Non-compliance towards any chaperone will not be tolerated and further consequences will result.



The Governor General Award 2009 recipient, Kevin Wiebe, received his Bronze Medal from Mr. Skinner.

Kevin received the award for achieving the highest average for all of his grade 11 and 12 courses. He is presently attending Columbia Bible College in Abbotsford.

Congratulations from the students and staff of Lakes District Secondary School.

LDSS PROVINCIAL AND SCHOOL FINAL EXAMS FOR JANUARY 2010

The week of January 25th to 29th is exam week at LDSS. Provincial exams will be running concurrently with school exams during this week. Most of the provincial (grades 10, 11 and 12) and school exams will be held in regular classrooms from Monday, January 25th to Friday, January 29th. School exams will be held on Monday, January 25th, Tuesday, January 26th and Wednesday, January 27th. The schedule for school exams is listed below.

Students should review the schedule with each course teacher to make sure they are aware of when their exam will be held. All conflicts or special arrangements should be reported to Mr. Clarke.

School exams are scheduled for two-hour blocks. **Students must return textbooks prior to each exam.** Students are required to stay for the first hour of the exam. This means that students should bring books to read, or other quiet work to do when they have finished and turned in their exams. After the first hour students will be permitted to go home or to a designated area.

Due to provincial exams, grade 12 students will be expected to attend provincial and school exam sittings only. However, they are welcome to attend their scheduled study sessions to complete assignments and projects, seek help or review for exams. **If there is a conflict between a provincial exam and a school exam, the student must take the provincial exam and let Mr. Clarke know that there is a conflict.**

Students are required to bring an adequate supply of pens, pencils and erasers to the examination. In addition, students are responsible for bringing any other equipment required for their exam, such as a calculator, ruler, protractor, compass, etc. Any materials not required for an exam, such as textbooks, loose papers, notes, etc, must be placed so students cannot access them during the examination.

Students who are absent from an exam must have their parents contact Mr. Clarke. The school should be notified prior to the commencement of the exam whenever possible. Otherwise the student may receive a zero for the exam. This does not apply in the case of the provincial exams. Please see Mr. Clarke for more information about provincial exams.

No student may give or receive assistance of any kind in answering exam questions. However, if there is a question about the clarity of an exam item, the student may raise his/her hand and ask assistance from an exam supervisor. Students caught cheating on an exam can expect a mark of zero and will be referred to the office immediately.

FIRST SEMESTER SCHOOL FINAL EXAM SCHEDULE

Monday, January 25th to Friday, January 29th

(Make-up exams are scheduled for Wednesday, January 27th to Friday, January 29th)

		MON.	TUES.	WED.	THURS.	FRI.
8:50 – 11:00	Textbook Return – Monday, Tuesday and Wednesday only.					
9:00 – 11:00	EXAM SESSION	Block 1	Block 3	Make-up exams	Make-up exams	Make-up exams
11:00 – 12:00	Study Period					
12:00 -12:45	LUNCH					
12:50 – 3:00	Textbook Return – Monday, Tuesday and Wednesday only.					
1:00 – 3:00	EXAM SESSION	Block 2	Block 4	Make-up exams	Make-up exams	Make-up exams

PROVINCIAL EXAM SCHEDULE JANUARY 2010

All students need to report 30 minutes early to register for the provincial exams.

DATE	SUBJECT	TIME	ROOM
Monday, January 25 th	Geography 12	9 am – 12 pm	See Mr. Clarke
	Biology 12 (e-only)	1 – 4 pm	148
Tuesday, January 26 th	Communications 12	9 am – 12 pm	132
	Principles of Mathematics 12	1 – 4 pm	147
Wednesday, January 27 th	English 12	9 am – 12 pm	211 and 212
	Social Studies 11	1 – 4 pm	214 and 215
Thursday, January 28 th	English 10	9 am – 12 pm	211 and 212
	BC First Nations Studies 12 (e-only)		148
	French 12		208
	Essentials of Mathematics 10	1 – 4 pm	209 and 210
	Principles of Mathematics 10		214 and 216
Friday, January 29 th	Science 10	9 am – 12 pm	210 and 215
	Chemistry 12	1 – 4 pm	See Mr. Clarke

Please note: Students have three hours to complete the provincial exam. If needed, please ensure transportation for your student(s). School District busses will be running on their normal schedule.

STUDENTS ATTENDED THE COURTLINK PROGRAM IN PRINCE GEORGE



1



2



3



4

Thank you to Mr. Dubé and Mrs. Watts for chaperoning us on this trip. Thank you also to Mr. Dubé for driving the bus.



5

Photo one (l-r) Cody Johnny and Shawn Elley were the judge and clerk respectively. Photo two (l-r) – Jessica Strizich and David Little were the witnesses for the prosecution. Photo three (l-r) – Beverley Bett, Ashley Saul and Jonah Paul were the legal defense team. Photo four – David Tom played the role of the sheriff. Photo five (Back row l-r) – Jennah Durand, Sara Erickson and Delilah Michelle. (Front row l-r) - Quinn Hawse, Kyle Luggi, Curtis Bowerbank and Mrs. Watts take on the role of jury in the celebrated criminal case of the Crown versus Wolf.

Twenty-three Social Studies 10/Planning 10 students attended the Courtlink program in Prince George with Mrs. Watts and Mr. Dubé on Monday, November 30th and Tuesday, December 1st. The students had a tour of the court house, listened to an overview of the current court processes versus traditional Aboriginal Justice Practices, watched court sessions, met the Crown Council, an Ex-Offender, a Judge and the Deputy Sheriff as well as participated in a mock trial.

At LDSS, we believe in being:

responsibLe

kinD

reSpectful

honeSt

SENIOR GIRLS' VOLLEYBALL TEAM WON BRONZE AT THEIR FIRST EVER AA ZONES TOURNAMENT



SNOWMOBILE, SKI AND SNOWBOARD SAFETY

More people are injured while snowmobiling than in any other winter sport, with children and youth under 20 years old much more likely to be seriously injured.

- Children younger than 6 years of age should never ride on a snowmobile, even with an adult.
- Children younger than 16 years of age should not operate a snowmobile.
- Wear a snowmobile helmet with face shield.
- Watch for signs of frostbite or hypothermia.
- Wear a helmet and wrist guards if snowboarding.
- Take lessons and avoid hills and runs that are beyond your level.
- Use proper fitting equipment and have your bindings checked yearly by a technician.

For more information, please contact an Injury Prevention Coordinator at (250) 649-7394



The team members are (Back row l-r): Coach Juanita McFee, Tamara Loetscher (setter), Samantha Eakin (offside power), Lindsey Peebles (offside power and co-captain), Nicola Lovas (setter and captain), Rachelle Sackney (power hitter), and Madysen Mouw (Libero-pass specialist). Front row (l-r): Neely Schienbein (offside power), Jenelle West (power).

The girls placed third and won bronze in their first ever double AA zones finals. They beat out Vanderhoof in the finals to secure their bronze medal. Overall they played well and worked hard as a team.

I, the coach, would like to thank all the family members who drove to Prince George to support the team. I would also like to thank the team; we had an awesome year together. Mrs. McFee

DRAMA 9/10 CLASS PERFORMED 'MAY THE FARCE BE WITH YOU'



Photo one – Ekaterina Rohrer and Nicholas Brochez. Photo two – Riley Coulson, Matthew Sallenback and Raeanne O'Meara. Photo three – Waverly Riis-Christensen and Brycen Lindstrom. Photo four - Jared West, Waverly Riis-Christensen and Cassie Dean. Photo five – Kaitlin Bysouth.

Congratulations to all the students and Mrs. Charlie on another magnificent performance. Please see our school website for more photos.

SNOWBOARDING/SKI TEAM DATES

January 13th and 20th at Smithers.

February 1st at Murray Ridge for district race.

February 11th to 14th Zones in McKenzie.

Provincials on February 27th to March 5th in Rossland.

STUDENT SUPPORT SERVICES

INFORMATION

STUDENTS

It is definitely time to get on top of missed assignments in courses as we only have two and a half weeks left until exams begin and lots of activities planned in the meantime.

Your teachers will start reviewing for exams the week before your final exam. Take advantage of the tutoring program available in the library every afternoon. Many teachers are available for extra help at lunch hours or before and after school.

PARENTS

How can I help my child with his/her homework?

- **Establish a routine.** Setting a regular time and sticking to it helps children complete their homework assignments.
- **Set the mood.** Ensure the room your child studies in is quiet, has plenty of light, and has school supplies close at hand.
- **Show an interest.** Ask your child about school activities and talk about what was discussed in school that day.

Monitoring Homework Assignments

- **Be informed and involved.** Find out from your child's teachers about their policies on homework.
- Check regularly to see if they are missing assignments and how they are doing in each course.
- Encourage your child to share returned work and read comments written by teachers on completed assignments.

Information provided by our Aboriginal Education Workers, Home School Coordinators and Counsellors.

LDSS STRIVES TO BE SCENT FREE

Some people who attend and work at LDSS are sensitive to various chemical-based or scented products. We ask for everyone's cooperation in our efforts to accommodate their health concerns.

Those individuals in our school that are sensitive to scents and fragrances may experience possible reactions to scents such as headaches, asthma, allergies and migraines. The symptoms may be severe enough that they need to leave the building.

In an attempt to support those individuals, we are working towards having LDSS be a scent free zone.

You can adopt scent-free practices by avoiding using perfumes, aftershaves, colognes, and scented lotions and opting for "fragrance-free", "scent-free", or "unscented" versions of such personal care products as hand and body lotions, soaps, hair products, deodorants, and laundry and home cleaning products. Many scent-free personal care products can be found at your local grocery store or pharmacy.

Thank you for your understanding.

The students and staff of Lakes District Secondary